

कार्यालय मुख्य कार्यपालन अधिकारी एवं अधिष्ठाता  
बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय शहडोल (म.प्र.)

E-Mail:- deanshahdol@gmail.com Website:- WWW.GMCSHAHDOL.ORG Office No:- 07652.243000

क्रमांक/छात्र शाखा/एम.सी./2023/...3.5.7..... शहडोल, दिनांक.29./08./2023

“सूचना”

बिरसा मुण्डा, शासकीय चिकित्सा महाविद्यालय शहडोल (म0प्र0) में सत्र 2023-24 एम0बी0बी0एस0 पाठ्यक्रम में प्रवेशित सभी छात्र-छात्रों को सूचित किया जाता है कि एम0बी0बी0एस0 पाठ्यक्रम की कक्षाएँ दिनांक 01.09.2023 से प्रारम्भ किया जा रहा है। जिसमें सभी छात्र-छात्रों की उपस्थिति अनिवार्य है।



मुख्य कार्यपालन अधिकारी एवं अधिष्ठाता  
बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय  
शहडोल (म.प्र.)

पृ.क्रमांक/छात्र शाखा/एम.सी./2023/..... शहडोल, दिनांक...../...../2023

प्रतिलिपि:- की ओर वास्ते सूचानार्थ ।

3. आयुक्त चिकित्सा शिक्षा, भोपाल (म0प्र0)।
4. संचालक, चिकित्सा शिक्षा विभाग, भोपाल (म0प्र0)।
5. प्रभारी अधिकारी, छात्र-शाखा, स्थानीय लेखा-शाखा, बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय शहडोल (म0प्र0)।
6. समस्त विभागाध्यक्ष, बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय शहडोल (म0प्र0)।
7. मुख्य वार्डन, बालक/बालिका छात्रावास, बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय शहडोल (म0प्र0)।
8. स्थानीय लेखा-शाखा, बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय शहडोल (म0प्र0)।

मुख्य कार्यपालन अधिकारी एवं अधिष्ठाता  
बिरसा मुण्डा शासकीय चिकित्सा महाविद्यालय  
शहडोल (म.प्र.)

**BIRSA MUNDA MEMORIAL GOVT. MEDICAL COLLEGE, SHAHDOL,  
1ST MBBS TIME TABLE (From 11.09.2023)  
BATCH 2023-24 (LH-1)**



Day/Time	9AM TO 10 AM	10 AM TO 11 AM	11AM TO 1 PM	1PM TP 2PM	2PM TO 3 PM	3PM TO 5PM
MONDAY	PHYSIO	ANAT	ANAT PRAC/DISSECTION	LUNCH	PHYSIO	PHY/BIO PRAC
TUESDAY	ANAT	PHYSIO	PHY/BIO PRAC	LUNCH	ANAT	ANAT PRAC/DISSECTION
WEDNESDAY	PHYSIO	ANAT	ANAT PRAC/DISSECTION	LUNCH	BIO	PHY/BIO PRAC
THURSDAY	ANAT	PHYSIO	PHY/BIO PRAC	LUNCH	PHYSIO	ANAT PRAC/DISSECTION
FRIDAY	BIO	PHYSIO	ANAT PRAC/DISSECTION	LUNCH	ANAT	1ST, 2ND AND 3RD (PHYSIO) 4TH, 5TH (AETCOM)
SATURDAY	BIO	PSM and FAMILY ADOPTION PROGRAM (1st, 3rd and 5th) ECE (2nd and 4th)		LUNCH	Foundation Course	

*[Signature]*  
HOD  
ANATOMY  
Professor and Head  
Department of Anatomy  
Government Medical College  
Shahdol (M.P.)

*[Signature]*  
HOD  
PHYSIOLOGY  
Professor & Head  
Department of Physiology  
Government Medical College  
Shahdol (M.P.)

*[Signature]*  
HOD  
BIOCHEMISTRY  
PROFESSOR & HEAD  
DEPARTMENT OF BIOCHEMISTRY  
GOVERNMENT MEDICAL COLLEGE  
SHAHDOL (M.P.)

*[Signature]*  
HOD  
COMMUNITY MEDICINE  
Head  
Department of Community Medicine  
Government Medical College  
Shahdol (M.P.)

*[Signature]*  
CBDA DEAN  
Government Medical College  
Shahdol (M.P.)

*Reviewed atpsm*  
*[Signature]*  
28/8/22  
*Review*  
*CBDA Bio*  
*2023*

*Review*  
28/8/2023  
Anatomy  
Department

**BIRSA MUNDA GOVERNMENT MEDICAL COLLEGE, SHAHDOL, M.P.**  
**FOUNDATION COURSE TIME TABLE -2023 BATCH**

Date/Time	Day	9am-11am	11am -1pm	2pm-4pm
1.9.23	Friday	Orientation of MBBS curriculum, Structure and outcome (Dr Mitesh Sinha)	Visit of Anatomy, Physiology and Biochemistry Department ( HOD Anat.Physio and Biochem)	Ragging Rules and Regulation (Dr Divya Verma, Dr Satkar )
2.9.23	Saturday	PSM dept and Hospital Visit (PSM Dept)	CBME and Roles of IMG ( MEU Coordinator)	
4.9.23	Monday	Role of Doctor in society ( Dr Ajay Saluja)	History of medicine (Dept of Medicine)	National Health Programmes and policies (PSM Dept)
5.9.23	Tuesday	Career Pathways & Personal Growth after MBBS ( Dr Nagendra Singh)	Alternative Systems of medicine (Dept of Medicine)	Health care system and delivery (PSM Dept)
6.9.23	Wednesday	Understanding the structure and functioning of the community health Care (PSM Dept)	My role Model (Narration by the students) ( Dr Gajendra Solanki, Dr Nidhi,)	Mentor -Mentee Program
8.9.23	Friday	Group Dynamics (Dr Ruchi Shrivastava)	Interpersonal relationships and communication ( Dr. Pragati )	Mentor -Mentee Program
9.9.23	Saturday	Communication with Patients , relatives and healthcare professionals ( Dr Pranda Shukla)	Preparing to be a life long learner ( Dr Satkar)	Mentor -Mentee Program
Date/Time	Day	2pm-4pm		4pm to 5 pm
16.9.23	Saturday	Dealing with violence against Doctors ( Forensic Department)		Language-Extempore in
23.9.23	Sat	Gender Sensitivity (Dr Sona Singh)		English Language by students ( Dr Prashant Sondhiya, Dr. Dilshad, Dr Harshwardhan)
30.9.23	Sat	Concept of Exercise and Physical Fitness (Orthopaedic Dept)		
7.10.23	Sat	Nutrition & Hygiene (PSM Dept)		
14.10.23	Sat	Ethical dilemma in medicines : <b>Interactive case based Discussion. (Forensic Dept)</b>		sports
21.10.23.	Sat	Learning through Stimulations and Skill lab ( Dr Mahendra Jaiswal)		sports
4.11.23	Sat	Deans Induction, White Coat Ceremony , hippocratic Oath		sports
11.11.23	Sat	Learning By SDL ( Dr KSC Bose)		sports
18.11.23	Sat	Research Methology ( Dr Mitesh Sinha)		Computer basics
25.11.23	Sat	Vaccination Schedule (Pediatric Dept)		Computer basics
2.12.23	Sat	Stress Management (Dr Rahul Mishra)		sports
9.12.23	Sat	Time Management ( Dr Israr Khan)		sports

(M)


# BIRSA MUNDA GOVERNMENT MEDICAL COLLEGE, SHAHDOL, M.P.

## FOUNDATION COURSE TIME TABLE -2023 BATCH

Date/Time	Day	2pm-4pm	4pm to 5 pm
16.12.23	Sat	Biostatistics for Beginners (PSM Dept)	sports
23.12.23	Sat	Universal Precaution (Microbiology Department)	sports
30.12.23	Saturday	Use of E learning Methods ( Dr K K Pandey)	sports
6.1.24	Sat	Biomedical waste Management (Microbiology Department)	sports
13.1.24	Sat	Disaster management ( Orthopaedics Department)	sports
20.1.24	Sat	First Aid (Orthopaedic Dept)	sports
27.1.24	Sat	Medical Education and Humanities ( Dr Mohd. Mujahaddin Ansari)	Computer basics
3.2.24	Sat	Field Visit (PSM Dept)	Computer basics
10.2.24	Sat	Basic Life Support (Physiology Dept.)	
17.2.24	Saturday	Feedback from students	
24.2.24	Sat	Remedial	

  
INCHARGE  
FOUNDATION  
COURSE

Professor & Head  
Department of Physiology  
Government Medical College  
Shahdol (M.P.)

  
CEO & DEAN  
Government Medical College  
Shahdol (M.P.)  
BMGMC,  
SHAHDOL